

## Selecting Your NEWH Primary Care Physician

Your primary care physician (PCP) is an important member of your healthcare team. Your PCP provides your annual exams, preventive care screenings, handles your routine illnesses and most minor injuries, recommends prescription medications and will refer you to specialists and hospitals when necessary.

### How to Select or Change Primary Care Physicians

You need to select a PCP when you enroll with any health insurance plan. The information below will help you with the process. If you need help with this process, please contact NEWH Resource Specialist, Gina Cardone-Casoni at 617-643-8039. She is available Monday through Friday, 9am – 5 pm. You can also call the Massachusetts General Hospital Physician Referral Service at: 1-800-388-4644.

### Identify the Doctor of Your Choice

It's easy to choose the Best PCP for you at NEWH. Click here for our online Physician Directory:

**Adults:**

<http://northendwaterfronthhealth.org/NorthEndWH/site/Providers.asp>

**Pediatrics:**

[http://northendwaterfronthhealth.org/NorthEndWH/site/Pediatric\\_Providers.asp](http://northendwaterfronthhealth.org/NorthEndWH/site/Pediatric_Providers.asp)

**If you're not sure how or what to look for in your doctor, here are some Tips on Choosing a PCP that best meets your needs:**

- Select the PCP specialty that fits your "age" needs. Some PCPs specialize in adult care, others in children.
- General and family practice are specialties that work with patients of all ages, including children, adults and seniors.
- Pediatrics is the specialty for children (birth to teens).
- Internal medicine is the specialty that works only with adults.
- Geriatrics is the specialty that works with older adults.

**You can use questions like these to focus your search:**

- Do you prefer a physician who can accommodate specific language or cultural needs?
- Do you prefer a male or female physician?

### Why It's Important to Choose NEWH as Your Primary Care Medical Practice?

- By choosing NEWH as your medical practice, you are eligible for all of the Clinical Service and Programs available to our patients. [Learn more details here.](http://northendwaterfronthhealth.org/NorthEndWH/site/services.asp?page=3)  
<http://northendwaterfronthhealth.org/NorthEndWH/site/services.asp?page=3>
- Enjoy flexibility with NEWH. Your primary care physician (PCP) can refer you to a specialist in our Massachusetts General Hospital, MGH network without waiting for administrative authorization. And you can self-refer to anyone in our Health Center for vision, dental behavioral health, podiatry, and OB/GYN services.
- Visit our website for more information. [www.northendwaterfronthhealth.org](http://www.northendwaterfronthhealth.org)  
Make an appointment for a routine visit with your new physician. Even if you're healthy, a visit will give you the opportunity to meet your physician and the staff and to familiarize yourself with their office procedures. That way, when you are ill or have an emergency, the office will already have your medical information.

